

## **Toad venom: A key component in the drug development with promising prospects**

### **ABSTRACT**

Toad venom, a complex mixture of bioactive molecules, has been utilized for centuries in traditional medicine due to its diverse pharmacological properties, including antimicrobial, antipyretic, and anticancer activities. Comprising biogenic amines, bufadienolides, steroids, and peptides, this natural secretion has shown promise in treating various disorders by ancient people. Recent studies substantiate its potential as a complementary therapeutic agent in combination with existing ones in the future, particularly in combating multi-drug-resistant microbes. This review highlights the medicinal properties of specific toad venom components, demonstrating efficacy against congestive heart failure, atrial fibrillation, breast carcinoma, and improved circulation. Further research is warranted to harness the full potential of toad venom-derived compounds, offering prospects for developing novel, multifunctional drugs that surpass existing treatments.

Keywords: Toad, Toad Venom, Bufotoxins, Bufonidae, Bufo, Rhinella, Parotoid glands

### **1. INTRODUCTION**

Amphibians, serving as an evolutionary bridge between fish and higher tetrapods, possess unique skin secretions with significant pharmaceutical potential. Toads, specifically, have dry skin and rely on glandular secretions for defence against disease-causing pathogens (Xie et al., 2002). The Parotoid glands, large glands located adjacent to the tympanum, differ from the small prominences on multi-layered toad skin called warts, and produce a milky alkaloid substance known as Parotoid secretion, a neurotoxin that causes itchy irritations on human skin. Gland secretion is associated with defence against predators and microbes. If we consider defence against predators, these glands lack inoculatory apparatus. Unlike active defence

mechanisms, toads employ a passive mode of defence, where predators are poisoned through contact with toxins via biting or mouth exposure(Mailho-Fontana et al., 2018).

The Parotoid gland secretion, primarily composed of biogenic amines, bufadienolides (figure 1. H), alkaloids, steroids, peptides and proteins (figure 1. A)(Garg et al., 2007; Qi et al., 2018; Thirupathi. K et al., 2019), plays a crucial role in defence against predators and microbes. Those contents are responsible for antifungal, antibacterial, antioxidant, antiprotozoal, larvicidal, antidiabetic, anticancerous and other therapeutic properties. Hence, it had several numbers of traditional usages.

Toad venom, known as Chansu in Chinese and Somso in Korean(Xie et al., 2002), has been utilized in traditional Chinese medicine (TCM) for centuries to treat various diseases. Modern studies have elucidated the molecular mechanisms supporting its use in cancer and inflammatory disease treatments(Qi et al., 2018). In China, toad venom is administered in diverse forms, including pills, powders, injections, liquids, oils, tinctures, etc. (Xie et al., 2002).

Due to these uses, toad venom remains important. Given the increasing research focus on toads and toad venom, this study aims to analyse the pharmacological applications of toad venom through a review of recent studies (primarily from 2000 onwards). Antimicrobial and antifungal studies from various toad species, such as *Duttaphrynus melanostictus*, *Rhinella jimi*, etc., will be examined.

## 2. COLLECTION OF TOAD VENOM

The collection of toad venom is crucial for research and medicinal purposes. Four primary methods are employed: electrical stimulation, chemical stimulation, skin harvesting(Govender et al., 2012) and applying pressure. Electrical stimulation involves administering a mild shock of approximately 30V for 3 seconds, which does not harm the toads, but high voltage can be

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lethal. Chemical stimulation involves giving them chemicals or injecting norepinephrine to stimulate the parasympathetic system, but this method may result in the toad's death after several trials. Applying pressure is a gentler approach, where squeezing the gland carefully does not harm the animal. Skin harvesting, however, is not advisable as it is fatal. Toads face threats from predators and habitat destruction, making ethical considerations essential.

## 2.1 Extraction and Storage Methods:

After collection, the venom **should be stored** on ice cubes to prevent protein degradation. The **yield is typically low, requiring a large number of organisms and raising ethical concerns**. Most studies utilize gentle pressure to extract toad venom. Mechanical shearing can mix highly viscous venom with distilled water (Garg et al., 2007). For the Parotoid gland studies, the gland will be removed and frozen immediately (Felsemburgh et al., 2013). Anuran skin's glandular secretion is collected by manual stimulation (Trindade et al., 2014). To achieve the desired concentration, the venom can be mixed with distilled water and undergo further assessments (Gadelha et al., 2014). The same procedure applies to protein profile activities (Zahari et al., 2015).

Various storage methods exist. Toad venom can be treated with 70% ethanol, then lyophilized and refrigerated at 10°C after collection by applying pressure (Sales et al., 2017). Alternatively, crude extract can be pooled and undergo dialysis against distilled water for 48 h at 8°C by using 8000 Da cut-off membranes, followed by lyophilisation (Freitas et al., 2017). Later lyophilized, it is called protein from the gland can be used for experiments. Another approach involves preserving collected venom by lyophilizing at -20°C in the freezer at the venom banks (de Medeiros et al., 2019; Mariano et al., 2019).

Methanol treatment of Toad venom (50 mL for three days at room temperature) followed by lyophilisation is also effective (R. S. Oliveira et al., 2020). In addition to these methods, mild

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electric stimulation can stimulate toads and gentle pressing allows the production of venom (Schmeda-Hirschmann et al., 2020). Washing the dorsal surface with deionized water is better and storage is followed by sterile filtration and lyophilisation at  $-86^{\circ}\text{C}$  is recommended (F.T.T., 2021). Instead of this, we can use the venom after the air has dried (Wells et al., 2022).

### 3. COMPONENTS OF TOAD VENOM

Toad venom, specifically Parotid gland secretion, comprises various bioactive compounds. These include peptides, indole alkaloids (figure 1. C), bufogargarizanines (figure 1. L), organic acids (figure 1. B), steroids and others. The primary beneficial compounds are Indolealkylamines (figure 1. D) and Bufadienolides. However, guanine alkaloids are found in species from the genus *Atelopus*; meanwhile, lipophilic alkaloids are detected in the genus *Melanophryniscus* (Rodríguez et al., 2017).

Moreover, toad venom contains derived steroids such as bufotoxins (figure 1. P) and bufadienolides and biogenic amines like epinephrine (figure 1. G), norepinephrine (figure 1. I), serotonin (figure 1. E), dehydrobufotenine (figure 1. J) and bufotenine (figure 1. F) (Gadelha et al., 2014). Additionally, peptides and proteins with antimicrobial and anticancerous properties have also been found in the intestinal tract of some *Bufo* species. The first pharmacologically active compound was found in the venom of *Rhinella marina* (Abel & Macht, 1912). However, some species produce more than a hundred steroidal compounds. Variation in feeding also influences the secretion composition (de Medeiros et al., 2019).

Cardiotonic steroids (CTS) were initially reported nearly 3000 years ago by ancient Egyptians (El-Seedi et al., 2022). Those are steroid hormones that circulate in the blood of amphibian species. Bufadienolides, a subgroup of Cardiotonic steroids, exhibit activity against congestive heart failure and atrial fibrillation (El-Seedi et al., 2022). Protein analysis of the toad venom of *Anaxyrus boreas* identified bufadienolides, including arenobufagin, gamabufotalin, and

telocinobufagin (Barnhart et al., 2017). Compounds like resibufogenin, bufalin and gamabufotalin improve circulation by increasing myocardial contractility, while cinobufagin (figure 1. N) acts as a potent surface anaesthetic(Xie et al., 2002).

#### **4. PHARMACOLOGICAL USAGES**

##### **4.1 Traditional and Cultural Significance:**

Toad species, primarily from the family Bufonidae, have been utilized in traditional medicine due to their Parotoid glands' significance in passive defence mechanism(Rodríguez et al., 2017; Sales et al., 2017). In Traditional Chinese Medicine (TCM), toad venom is called 'Chansu' and is used to cure pain and inflammation rather than using other medicines. In Chinese studies and trials, 'Huachansu', a Chinese medicine derived from dried toad venom of *Bufo gargarizans* or *B. melanostictus*, has demonstrated anti-cancerous properties with fewer side effects(Meng et al., 2009).

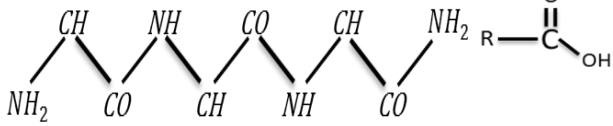
Due to the presence of Bioactive contents in *Rhinella sp* toads, it is reported to have been used in ancient culture in Peru(Schmeda-Hirschmann et al., 2020). Asian and American tribes have employed toad skin and Parotoid gland secretion of several common toads to treat various ailments, including haemorrhages, disorders of the skin, stomach issues, venomous animal stings and bites and also to cure cancers(Rodríguez et al., 2017). Furthermore, Multiple toad parts, for example, bones, belly, meat, venom, skin etc., mainly from bufonid species, are used for such treatments(Pradhan et al., 2014). Therefore, the cytotoxic, biomedical and curing potential of toad venom is vast.

##### **4.2 Bioactive Compounds and Therapeutic Potential**

Toad venom contains bioactive compounds with antimicrobial, anti-inflammatory, anticancerous, analgesic, and protease inhibitor activities, as well as neuromuscular effects.

Studies have confirmed the anti-nociceptive effect of the protein fraction of *Rhinella schneideri* toad venom (Freitas et al., 2017). Additionally, toad venom can produce hallucinogenic effects (Qi et al., 2018). Mesoamerican people used a few toads as hallucinogens by licking their skin(Qi et al., 2018). However, infections and inflammations were reported in animals with toad venom. Higher concentrations of venom might cause macroscopic lesions in the liver, heart and other areas in both humans and animals(Gadelha et al., 2014). Therefore, Research

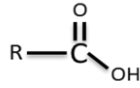
UNDER PEER REVIEW

**A**

Peptides

**B**

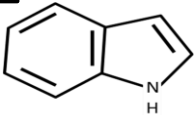
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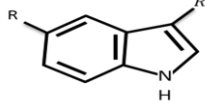
Organic acids

**C**

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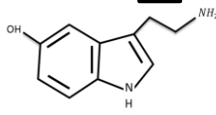
Indole alkaloids

**D**

Indolealkylamines

**E**

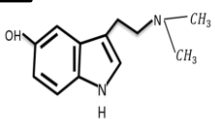
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Serotonin

**F**

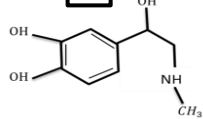
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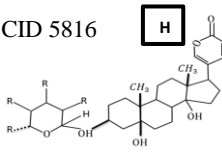
Bufotenine

**G**

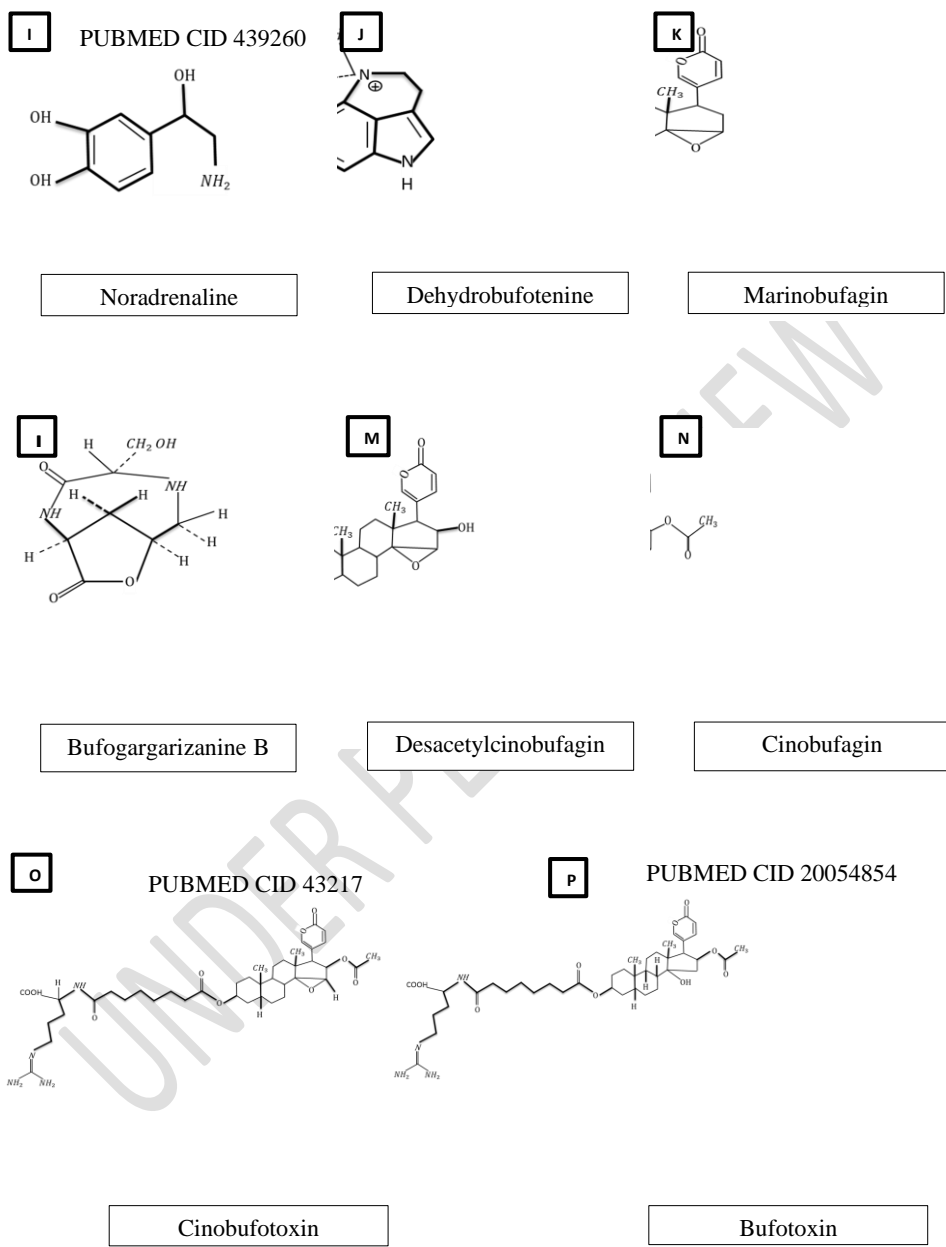
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Epinephrine

**H**

Bufadienolids



**Figure 1: Components of toad venom.** D was adopted from(Yu, 2008), H from(El-Seedi et al., 2022), J,K & N from(Qi et al., 2018) and L&M from(Wang et al., 2011)

focuses on understanding the components and properties of toad venom is essential to ensure safe usage.

#### **4.3 Antimicrobial and Larvicidal Activities:**

Research studies have been focusing on the components of toad venom to understand the reason behind its properties. It is essential to know about the contents before usage. In India, *Bufo melanostictus*, also called *Duttaphrynus melanostictus* (figure 2. Q), is a very common species. Some studies have proved the antimicrobial activity of toad venom of this species against gram-negative bacilli *Escherichia coli* (Garg et al., 2007) and in other three different bacterial strains (Thirupathi. K et al., 2019). Former studies focused on MacConkey agar-based and Eosin methylene blue (EMB) agar-based assays and got results of growth restriction on the media after 24 hr incubation under 37°C. In later studies, bacterial strains were *Escherichia coli*, *Klebsiella pneumonia*, *Proteus vulgaris* and *Staphylococcus aerus* and used the agar well diffusion method. The result obtained was 24-38mm of the zone of inhibition of toad venom, even the zone of inhibition of gland extract was 28-34mm.

The world is facing another menace from mosquitoes due to incremental stagnant water from different sectors. It plays the role of being an important vector of some diseases, including malaria, chikungunya etc. Chemical insecticides contribute to pollution. Hence studies have proven the effect of *Rhinella marina* and *Rhaebo guttatus* toad venom in larvicidal activity against *Anopheles darlingi*, a malaria vector (F.T.T., 2021).

#### **4.4 Antiplasmodial Potential and Insecticidal Effects\* and its Toxicity Studies:**

The antiplasmodial potential was demonstrated in the Swiss albino mice by the venom of *Bufo* (Jo, 2021). In the same study, high concentrations of toad venom caused the death of mice by hyperactivity and other symptoms. Therefore, after a detailed investigation, there

will be a chance to develop a drug that can effectively treat malaria. According to WHO, nearly 4.2 million cases and 3000 deaths already occurred in 79 countries globally in 2023 due to Dengue. Therefore, finding out a potential multi-resistant drug is essential.

A similar insecticidal potential has been checked in cockroaches in which South American common toad *Rhinella schneideri* Parotoid secretion was used. Its venom can inhibit Acetylcholine esterase activity as well as induce less locomotion depending upon dose(Leal et al., 2020). Bioinsecticides have been researched very effectively due to fewer side effects. Moreover, the lack of proper use of chemical insecticides caused multi-resistant vectors(Hemingway et al., 2016). However, toad venom seems to show such insecticidal activities against mosquitoes.

As a part of evolution, pathogens are seen to be acquiring multiple resistances against a vast variety of drugs. Therefore, studies have revealed that toad venom is a potential source of drugs. In addition to anti-bacterial activity against multi-resistant bacterial strains, it could be used to treat infections effectively using combination with existing drugs(Sales et al., 2017). In that study, *Rhinella jimi* (figure 2. R(Jared et al., 2009)) was used to study the toxicity level in *Drosophila melanogaster* and *Artemia salina* and in vitro model with the liver of mice(Sales et al., 2017). Scientists have been considering the *Rhinella* genus because of various properties of venom. *Rhinella jimi* (Stevaux,2002) venom has the ability can produce physio-pathological changes(Gadelha et al., 2014). In this study, clinical signs of toxicity were less, but necrosis, splenomegaly, lesions, internal bleeding, etc., in different parts of the body occurred in chicks during experiments.

#### **4.5 Pharmacological Significance of Family Bufonidae:**

Family *Bufo* is scientifically significant due to the potential of venom. Traditional medicines in America, china, japan, Asia, etc., mostly belong to this group. Many studies have

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specified the pharmacologically important components belonging to the family *Bufo* (Freitas et al., 2017; Qi et al., 2018; Rodríguez et al., 2017; Zahari et al., 2015). The main components in skin and Parotoid secretion are alkaloids, bufadienolides, peptides, proteins, organic acids, steroids etc. These components exhibit properties like anticancerous, anti-inflammatory, anti-nociceptive(Freitas et al., 2017) etc. Bufadienolides and bufotoxins inhibit the Na<sup>+</sup>/K<sup>+</sup> ATPase pump in the heart muscle cells (Gadelha et al., 2014). Moreover, selective cytotoxicity of cancerous cells among normal cells and insignificant DNA damage has also been noticed (de Medeiros et al., 2019). Here, Each and every component has its specific properties and effects (Qi et al., 2018).

#### **4. 6 Morphological, Biochemical Characterization & Identification of Bioactive Compounds:**

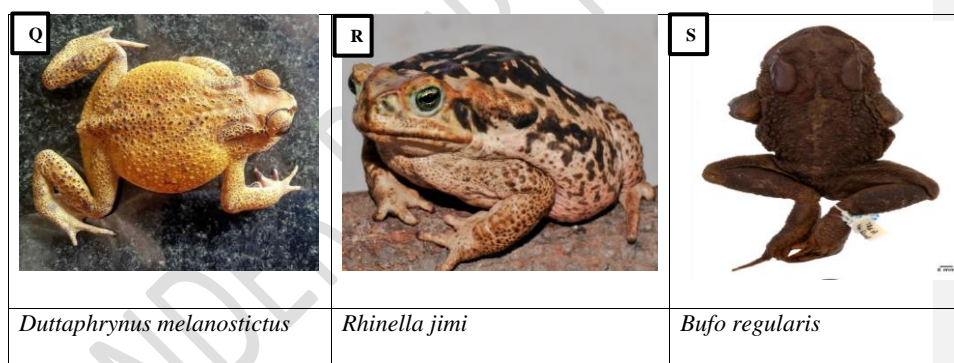
Years ago, toad venom was used in America, Asia and Europe as ancient medicine to treat various diseases like HIV(R. S. Oliveira et al., 2020). They use toads for hallucinogenic effects via licking(Davis & Weil, 1992), and later studies have proved that the effect is due to indolealkylamines (IAAs) in toad skin(Weil & Davis, 1994). It can be used for treating neuropsychiatric disorders(Qi et al., 2018). Ongoing studies in this field reveal the capacity of different species of toad venom. Morphological and biochemical characterizations have been also done by several studies(Mailho-Fontana et al., 2018). Here, Parotoid glands are distinguishable from other glands in their irregularly structured dorsal skin due to size. The internal longitudinal view of the Parotoid gland is a honeycomb structure with secretory units. The gland has a dense syncytium with fewer nuclei which also has three layered Structures(Mailho-Fontana et al., 2018). Those are the external layer, internal layer and central portion. Using the HPLC-MS/MS technique, 55 compounds were isolated and identified from *Rhinella horribilis* venom for the first time(Schmeda-Hirschmann et al., 2020).

High chemical complexity venom of *Rhinella marina* contains two steroids below 10 kDa namely marinobufagin (figure 1. K) and desacetylcinobufagin (figure 1. M)(de Medeiros et al., 2019). Biological activities such as anti-microbial assay, Anti- parasitic activity, Leishmanicidal Assay, In Vitro Antitumoral Assays, MTT Assay, Comet Assay, Mutagenesis in *Saccharomyces cerevisiae*, and various In Vivo Assays in mice have been performed of crude and/or fraction(de Medeiros et al., 2019) and the results were favourable. The De novo peptide analysis result was striking due to the ability related to apoptosis, catalysis, cellular structures and transport processes in *Duttaphrynus melanostictus*(Mariano et al., 2019). Such component identification studies helped to understand the properties and biological as well as physiological roles of glands.

#### **4. 7 Therapeutic Potential of Toad Venom in *Rhinella* and *Bufo* genus:**

In *Bufo*idae, the *Rhinella* genus is a highly studied genus, evident from previous studies. Species from this genus have specific properties. For instance, four chromatographic fractions of *Rhinella icterica* Parotoid secretion can inhibit junctional acetylcholinesterase (AChE) activity(R. S. Oliveira et al., 2020). Progressively, it leads to neuronal Na<sup>+</sup>/K<sup>+</sup>-ATPase inhibition and neuromuscular blockage. In addition, stoppage of voltage-dependent Ca<sup>2+</sup> channels occurs in chick biventer cervicis neuromuscular preparations. *R. horribilis* Parotoid secretion has inhibited the proliferation and migration of the A549 lung cancer cell line and etoposide-induced apoptosis(Schmeda-Hirschmann et al., 2020). *Rhinella marina*'s venom has the antimalarial property tested against Plasmodium falciparum in laboratory conditions(Wells et al., 2022). Crude extracts of Parotoid gland secretions (PGS) of *Rhaebo guttatus* and *R.marina* showed toxic effects on rat breast carcinoma (A. F. D. Oliveira et al., 2019) and *Bufo relgularis* (figure 2. S(Conradie et al., 2015)) venom against Ehrlich ascites carcinoma (EAC) bearing mice (El-Naggar et al., 2023).

A nitrogen-containing substance called marinobufotoxin from *Bufo marinus* which is chemically related to cinobufotoxin (figure 1. O (Jensen & Chen, 1930)), exhibits Pharmacological activities exactly similar to cinobufotoxin. All these studies have proved the enormous potential of toads in various therapeutic fields than the existing ones(Ibarra-Vega et al., 2023). The huge range of anti-microbial properties of toad venom is demanding, especially since we have been facing a potential problem of ‘multidrug resistance’. Another study dealt with the uncontrolled growth of cane toads (*Bufo marinus*) in Australia and how were they destructive in the community(Phillips et al., 2007). Initially, cane toads were useful to control pests in agricultural fields, but they now turned into a threat to other species due to less number of predators and a fast reproduction rate (Phillips et al., 2007). It means that we can use them for good without affecting the ecosystem.



**Figure 2: Few species of toads**

#### **4.8 Beyond Venom: Exploring Toad Gut Microbiota and Future Directions:**

The complex composition of chemicals, which is unique to each species, and the complex mechanism to avoid diseases and microbes possibly controlled by environmental factors underlie the potential of toad venom (R. S. Oliveira et al., 2020). Recent technological

advancements have enabled the development of techniques to reduce the proliferation of tumours. Cancer seems to take more lives than ever before. Cisplatin (Cis) is the most commonly used drug for cancer. Given the limitations of existing cancer treatments, such as cisplatin (Cis), which has adverse side effects, including both allergic reactions and kidney problems (Aldossary, 2019). Therefore, toad venom offers a promising avenue for effective cancer treatment.

*Duttaphrynus melanostictus* has a unique reservoir of chitinolytic bacteria in the gut, indicating potential therapeutic applications (Dhole et al., 2022). The waste of the seafood production industry is vast. The main component of this kind of waste is chitin, an insoluble bio-polysaccharide. This discovery is particularly significant in addressing the vast waste generated by the seafood production industry, primarily composed of chitin (Dhole et al., 2022). Hence, the gut microbiota of *D. melanostictus* is helpful to mitigate the situation. This study highlights the potential of toads beyond their venom, demonstrating the breadth of their therapeutic applications.

## **5. RESEARCH CHALLENGES AND LIMITATIONS**

Research on toad species is not easy, which poses significant challenges encompassing both ethical and methodological issues, from collection to experimentation. Today, numerous toad species are under threat. According to the National Wildlife Federation, several toad species are listed as endangered category due to habitat destruction and invasive species. Environmental pollution exacerbates this issue, damaging their skin and inhibiting respiration.

### **5.1 Ethical Considerations:**

Therefore, the primary concern is ethical, emphasizing the need for researchers to obtain ethical clearance from conservation organizations. Large-scale species collection can disrupt other

species and ecosystems. Toads are seen to play crucial roles as controllers of the population of lower prey species as well as being food for predators. Hence toads play a significant role in the ecosystem. Their removal can have far-reaching consequences.

### **5.2 Methodological Challenges:**

Another problem is the preservation of toads. Toads are extremely sensitive animals, requiring natural conditions to thrive. That means it cannot be grown in laboratory conditions. Moreover, long-term live specimen preservation is not feasible for long-term studies. Venom collection is another hurdle, yielding minimal quantities from individual toads when compared to the venom from other species. To do experiments, this is not enough. This necessitates repeated collections, increasing the risk of harm to the toads.

Three main methods primary methods exist to collect venom. Those are manual stimulation by applying pressure, chemical stimulation by chemical or by nervous system and skin harvesting. While manual stimulation is harmless, but the other two are harmful and probably kill the toads. And the lack of proper equipment is another issue, highlighting the need for innovative solutions. In conclusion, researching toad species requires careful consideration of ethical and methodological challenges. Addressing these concerns is crucial for advancing our understanding of these ecologically vital species and unlocking their potential therapeutic applications

### **6. CONCLUSION**

The cumulative evidence from various studies unequivocally demonstrates the capability of toad venom as a therapeutic agent. Nowadays, natural products have been seeking more attention than ever before in this field as the world grapples with the escalating issue of multidrug-resistant microorganisms. In this situation, scientists are working hard to find a

potential solution. Toad venom, particularly from the Genus *Rhinella* and *Bufo* has been extensively investigated, revealing a broad spectrum of pharmacological activities. These include anti-bacterial, antiplasmodial, Leishmanicidal, larvicidal, anticancerous, and insecticidal, and other pharmacologically important assays have been performed in mice, bacteria, protozoans, larvae, etc., of toad venom. Furthermore, the microbiota present in the intestine of toads has been found to possess polysaccharide-degrading capabilities, underscoring their potential to address various biomedical challenges

Collection of Parotoid secretion can be done by four methods. In which, the application of pressure by squeezing is the safest approach. Despite the promising prospects, ethical concerns surrounding amphibian research remain paramount. As ecosystem stabilizers, amphibians play a vital role, necessitating ethical clearance for continued studies. The sensitivity of these animals renders long-term laboratory preservation impossible, highlighting the need for careful consideration. These are the main problems we are facing during studies.

A vast variety of potentials led the toads to become a pharmacologically important organism, the compelling solution to overcome multidrug-resistant bacterial strains. To overcome multi-resistant bacterial strains, we need a potential drug. While detailed investigations are required to mitigate toxicity concerns at higher concentrations. However, research has pointed out the scope of the toads being a potential drug in combination with other drugs that hold significant promise. The future of therapeutic discovery eagerly anticipates the development of such potential drugs.

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